

**St. John's Anglican Church, Ida
Parish of Ida and Omeme**

January 29, 2023

**The Fourth Sunday after the Epiphany
Service of Holy Communion**

And what does the Lord require of you? To act justly and to love mercy and to walk humbly with your God. Micah 6: 8

Opening: CP344 – From All That Dwells

**From all that dwell below the skies
let the Creator's praise arise: alleluia, alleluia!
Let the Redeemer's name be sung
through every land, in every tongue:
Alleluia, alleluia, alleluia, alleluia, alleluia!**

**Eternal are thy mercies, Lord:
eternal truth attends thy Word; alleluia, alleluia!
Thy praise shall sound from shore to shore
till suns shall rise and set no more:
Alleluia, alleluia, alleluia, alleluia, alleluia!**

Children leave for their Program and will return at the Passing of the Peace.

The grace of our Lord Jesus Christ, and the love of God,
and the fellowship of the Holy Spirit, be with you all.
And also with you.

**Almighty God, to you all hearts are open, all desires known,
and from you no secrets are hidden. Cleanse the thoughts of
our hearts by the inspiration of your Holy Spirit, that we may
perfectly love you, and worthily magnify your holy name;
through Christ our Lord. Amen.**

**Lord, have mercy on us.
Christ, have mercy on us.
Lord, have mercy on us.**

The Collect of the Day

Living God, in Christ you make all things new. Transform the poverty of our nature by the riches of your grace, and in the renewal of our lives make known your glory; through Jesus Christ our Lord, who is alive and reigns with you and the Holy Spirit, one God, now and for ever. Amen.

The Word

The First Reading: Isaiah 58: 3-10

This is the Word of the Lord.

Thanks be to God.

Psalm 119: 121-128

**I have done what is just and right;
do not deliver me to my oppressors.**

**Be surety for your servant's good;
let not the proud oppress me.**

**My eyes have failed from watching for your salvation
and for your righteous promise.**

**Deal with your servant according to your loving-kindness and
teach me your statutes.**

**I am your servant, grant me understanding,
that I may know your decrees.**

**It is time for you to act, O Lord,
for they have broken your law.**

**Truly, I love your commandments
more than gold and precious stones.**

**I hold all your commandments to be right for me;
all paths of falsehood I abhor.**

Psalm Prayer

**Lord, you are just and your commandments are eternal.
Teach us to love you with all our heart and to love our
neighbour as ourselves, for the sake of Jesus our Lord.
Amen.**

The Lord be with you.

And also with you.

The Holy Gospel of our Lord Jesus Christ
according to John.

John 13: 3-15

The Gospel of Christ.

Praise to you, Lord Jesus Christ.

Hymn: CP500 – Sister, Let Me Be Your Servant

**Sister, let me be your servant,
let me be as Christ to you;
pray that I may have the grace to
let you be my servant too.**

**We are pilgrims on a journey,
fellow travellers on the road;
we are here to help each other
walk the mile and bear the load.**

**I will hold the Christ-light for you
in the night-time of your fear:
I will hold my hand out to you,
speak the peace you long to hear.**

**I will weep when you are weeping;
when you laugh I'll laugh with you.
I will share your joy and sorrow
till we've seen this journey through.**

**When we sing to God in heaven,
we shall find such harmony,
born of all we've known together**

of Christ's love and agony.
Brother, let me be your servant,
let me be as Christ to you;
pray that I may have the grace to
let you be my servant too.

The Sermon: "Marks of Mission: #3 'Tend' - Phil W.

The Apostles' Creed

Let us confess the faith of our baptism, as we say:

**I believe in God, the Father almighty,
creator of heaven and earth.**

**I believe in Jesus Christ, his only Son, our Lord.
He was conceived by the power of the Holy Spirit,
and born of the Virgin Mary.
He suffered under Pontius Pilate,
was crucified, died, and was buried.
He descended to the dead.
On the third day he rose again.
He ascended into heaven,
and is seated at the right hand of the Father.
He will come again to judge the living and the dead.**

**I believe in the Holy Spirit,
the holy catholic Church,
the communion of saints, the forgiveness of sins,
the resurrection of the body, and the life everlasting. Amen.**

The Prayers of the People

We pray for the World, the Church and Ourselves

The response to the intercessions will be:

Lord, in your mercy.

Hear our prayer.

Confession and Absolution

Dear friends in Christ, God is steadfast in love and infinite in mercy; he welcomes sinners and invites them to his table.

Let us confess our sins, confident in God's forgiveness.

(Silence is kept.)

Most merciful God,
**we confess that we have sinned against you in thought, word,
and deed, by what we have done, and by what we have left
undone. We have not loved you with our whole heart; we
have not loved our neighbours as ourselves.
We are truly sorry and we humbly repent. For the sake of your
Son Jesus Christ, have mercy on us and forgive us, that we
may delight in your will, and walk in your ways,
to the glory of your name. Amen.**

Almighty God have mercy upon you, pardon and deliver you from
all your sins, confirm and strengthen you in all goodness, and
keep you in eternal life; through Jesus Christ our Lord.
Amen.

The Peace

The peace of the Lord be always with you.
And also with you.

*The offering plate will not be passed during the service but will be
available at the front and back of the church.*

Offertory: The Servant King

**From heav'n you came, helpless babe,
enter'd our world, Your glory veil'd,
not to be served but to serve,
and give Your life that we might live.**

***This is our God, the Servant King.
He calls us now to follow Him,
to bring our lives as a daily offering
of worship to the Servant King.***

**There in the garden of tears,
my heavy load He chose to bear.
His heart with sorrow was torn.
"Yet not my will but Yours." He said.**

Refrain:

**Come see His hands and His feet,
the scars that speak of sacrifice,
hands that flung stars into space
to cruel nails surrendered.**

Refrain:

**So let us learn how to serve,
and in our lives enthrone Him.
Each other's needs to prefer,
for it is Christ we're serving.**

***This is our God, the Servant King.
He calls us now to follow Him,
to bring our lives as a daily offering
of worship to the Servant King.***

Prayer over the Gifts

**God of steadfast love, may our offering this day, by the power
of your Holy Spirit, renew us for your service. We ask this in
the name of Jesus Christ the Lord. Amen.**

*All who are baptized in any Christian Church are welcome to
receive communion. If you are not yet baptized but are hungry for
God, you are welcome. Rev. Peter would be glad to speak to you
about being baptized. If you prefer to receive the bread only,
please cross your arms over your chest. If you would prefer to
receive a blessing, please indicate this by crossing your arms over
your chest.*

The Celebration of the Eucharist (1)

The Lord be with you.
And also with you.

Lift up your hearts.
We lift them to the Lord.

Let us give thanks to the Lord our God.
It is right to give our thanks and praise.

It is indeed right that we should praise you,
gracious God, for you created all things.
You formed us in your own image:
male and female you created us.
When we turned away from you in sin,
you did not cease to care for us,
but opened a path of salvation for all people.
You made a covenant with Israel,
and through your servants Abraham and Sarah
gave the promise of a blessing to all nations.
Through Moses you led your people from bondage
into freedom; through the prophets
you renewed your promise of salvation.

Therefore, with them, and with all your saints
who have served you in every age,
we give thanks and raise our voices
to proclaim the glory of your name.

**Holy, holy, holy Lord,
God of power and might,
heaven and earth are full of your glory.
Hosanna in the highest.**

**Blessed is he who comes in the name of the Lord.
Hosanna in the highest.**

Holy God, source of life and goodness,
all creation rightly gives you praise.
In the fullness of time, you sent your Son Jesus Christ,
to share our human nature, to live and die as one of us,
to reconcile us to you, the God and Father of all.
He healed the sick and ate and drank with outcasts and sinners;
he opened the eyes of the blind
and proclaimed the good news of your kingdom
to the poor and to those in need.
In all things he fulfilled your gracious will.

On the night he freely gave himself to death,

our Lord Jesus Christ took bread,
and when he had given thanks to you,
he broke it, and gave it to his disciples,
and said, "Take, eat: this is my body
which is given for you.
Do this for the remembrance of me."
After supper he took the cup of wine;
and when he had given thanks,
he gave it to them, and said,
"Drink this, all of you: this is my blood
of the new covenant, which is shed for you
and for many for the forgiveness of sins.
Whenever you drink it,
do this for the remembrance of me."

Gracious God, his perfect sacrifice
destroys the power of sin and death;
by raising him to life you give us life for evermore.

Therefore we proclaim the mystery of faith.

Christ has died.

Christ is risen.

Christ will come again.

Recalling his death, proclaiming his resurrection,
and looking for his coming again in glory,
we offer you, Father, this bread and this cup.
Send your Holy Spirit upon us and upon these gifts,
that all who eat and drink at this table
may be one body and one holy people,
a living sacrifice in Jesus Christ, our Lord.
Through Christ, with Christ, and in Christ,
in the unity of the Holy Spirit, all glory is yours,
almighty Father, now and for ever. **Amen.**

As our Saviour taught us, so we pray:

**Our Father in heaven, hallowed be your name,
your kingdom come, your will be done,
on earth as in heaven.**

**Give us today our daily bread.
Forgive us our sins as we forgive those
who sin against us. Save us from the time of trial and deliver
us from evil. For the kingdom, the power,
and the glory are yours now and for ever. Amen.**

The Breaking of the Bread

We break the bread of life,
and that life is the light of the world.

**God here among us,
light in the midst of us,
bring us to light and life.**

The gifts of God for the People of God.
Thanks be to God.

**Lamb of God, You take away the sin of the world,
have mercy on us.**

**Lamb of God, You take away the sin of the world,
have mercy on us.**

**Lamb of God, You take away the sin of the world,
grant us Your peace.**

Hymn: Here I Am, Lord

**I, the Lord of sea and sky, I have heard my people cry.
All who dwell in dark and sin my hand will save.**

**I who made the stars of night,
I will make their darkness bright.**

Who will bear my light to them?

Whom shall I send?

Here I am, Lord. Is it I, Lord?

I have heard you calling in the night.

I will go, Lord, if you lead me.

I will hold your people in my heart.

**I, the Lord of snow and rain.
I have borne my people's pain.**

I have wept for love of them.

They turn away.

**I will break their hearts of stone,
give them hearts for love alone.**

**I will speak my word to them.
Whom shall I send?**

Refrain:

**I, the Lord of wind and flame,
I will tend the poor and lame.
I will set a feast for them.**

My hand will save.

Finest bread I will provide till their hearts be satisfied.

I will give my life to them.

Whom shall I send?

Here I am, Lord. Is it I, Lord?

I have heard you calling in the night.

I will go, Lord, if you lead me.

I will hold your people in my heart.

Hymn: The Communion Song

Take this bread I give to you,

And as you do remember Me.

This bread is My body broken for you.

Take it, (take it) eat it, (eat it)

Each time you do: remember Me, remember Me.

Take this cup I fill for you,

And as you do, remember Me.

This cup is the new covenant I'm making with you.

Take it, (take it) drink it, (drink it)

Each time you do: remember Me, remember Me.

Take this love I've given you,

And as you do, remember Me.

Remember Me. Remember Me.

Hymn: You Are the Vine

You are the vine, we are the branches.

Keep us abiding in You.

You are the vine, we are the branches.

Keep us abiding in You.

**And we'll go (and we'll go)
in Your love (in Your love).
And we'll go (and we'll go)
in Your name (in Your name).
That the world (that the world)
will surely know (will surely know)
that You have power to heal and to save.
You are the vine, we are the branches.
Keep us abiding in You.**

**And we'll go (and we'll go)
in Your love (in Your love).
And we'll go (and we'll go)
in Your name (in Your name).
That the world (that the world)
will surely know (will surely know)
that You have power to heal and to save.**

**You are the vine, we are the branches.
Keep us abiding in You.
You are the vine, we are the branches.
Keep us abiding in You.
Keep us abiding in You.**

Prayer after Communion

**Source of all goodness,
in this eucharist we are nourished by the bread of heaven and
invigorated with new wine. May these gifts renew our lives,
that we may show your glory to all the world, in the name of
Jesus Christ the Lord. Amen.**

Please stand.

**Glory to God, whose power, working in us,
can do infinitely more than we can ask or imagine.
Glory to God from generation to generation,
in the Church and in Christ Jesus, for ever and ever. Amen.**

The Blessing

**May the light of the glorious gospel of Christ shine in your hearts
and fill your lives with his joy and peace.**

And the blessing of God almighty, the Father, the Son,
and the Holy Spirit, be upon you and remain with you always.
Amen.

Closing: I Will Walk

**And I will walk with You, and I will find a way
to show Your Word is truth.
And none shall fear, but all will know
the measure of our Father's endless love.**

**And I will walk with You, and I will find a way
to show Your Word is truth.
And none shall fear, but all will know
the measure of our Father's endless love.**

**Consider all the works Your hands have made,
the great and small from sea to mountain range,
the passion of our great Creator King
whose glory shines in all created things.**

**And on the earth for nation, tribe and tongue,
amazing grace extends to ev'ry one.
You love them all. It was for these You died,
that all who call will find eternal life.**

**And I will walk with You, and I will find a way
to show Your Word is truth.
And none shall fear, but all will know
the measure of our Father's endless love.**

**Give me the faith that makes a mountain move,
and to believe the Gospel's pow'r to save.
To run the race, to run and not grow faint,
and some to save in Jesus' mighty name.**

**And I will walk with You, and I will find a way
to show Your Word is truth.
And none shall fear, but all will know
the measure of our Father's endless love.**

**And I will walk with You, and I will find a way
to show Your Word is truth.
And none shall fear, but all will know
the measure of our Father's endless love.**

The measure of our Father's endless love.

Send Us Out

**Send us out in the power of Your Spirit, Lord.
May our lives show Jesus to the world.
May each thought and word bring glory to Your name.
Send us out in Your Spirit, Lord, we pray.**

Dismissal

**Go forth to proclaim the Gospel to the world.
Thanks be to God.**

The flowers on the Holy Table today are given by Jacquie John
and Valerie Smith in awareness of all those who struggle with
depression and anxiety.

**Organ: Sylvia
Piano: Linda
Prayers: John
Read: Ray
Preach: Phil W.
Tech Team: Jason/Ben
Communion Assistant: Adrian**

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