

**St. John's Anglican Church, Ida  
Parish of Ida and Omemee**

**First Sunday in Lent**

**March 9, 2025  
Service of Morning Prayer**

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*We shall not live by bread alone, but by every word that  
proceeds from the mouth of God. Matthew 4:4*

**Hymn: CP173 (T541) – Creator of the Earth**

**Creator of the earth and skies,  
to whom the words of life belong,  
grant us your truth to make us wise;  
grant us your power to make us strong.**

**We have not known you: to the skies  
our monuments of folly soar,  
and all our self-wrought miseries  
have made us trust ourselves the more.**

**We have not loved you: far and wide  
the wreckage of our hatred spreads,  
and evils wrought by human pride  
recoil on unrepentant heads.**

**For this, our foolish confidence,  
our pride of knowledge, and our sin,  
we come to you in penitence;  
in us the work of grace begin.**

**Teach us to know and love you, Lord,  
and humbly follow in your way.  
Speak to our souls the quickening Word,  
and turn our darkness into day.**

We have come together in the name of Christ  
to offer our praise and thanksgiving,  
to hear and receive God's holy word,  
to pray for the needs of the world,  
and to seek the forgiveness of our sins,  
that by the power of the Holy Spirit  
we may give ourselves to the service of God.

Let us confess our sins  
against God and neighbour.

Lord God,  
**we have sinned against you;  
we have done evil in your sight.  
We are sorry and repent.  
Have mercy on us according to your love.**

**Wash away our wrongdoing  
and cleanse us from our sin.  
Renew a right spirit within us  
and restore us to the joy of your salvation;  
through Jesus Christ our Lord. Amen.**

May the God of all mercies  
cleanse us from our sins,  
and restore us in his image  
to the praise and glory of his name,  
through Jesus Christ our Lord.  
**Amen.**

Blessed is the Lord,  
**for he has heard the voice of our prayer;**

therefore shall our hearts dance for you  
**and in our song will we praise our God.**

Blessed are you,  
**gracious God, creator of all,**  
to you be glory and praise for ever.  
You founded the earth in the beginning  
and the heavens are the work of your hands.  
In the fullness of time you made us in your image, and  
in these last days  
you have spoken to us  
through your Son Jesus Christ,  
the Word made flesh.

As we rejoice in the gift of your presence among us,  
let the light of your love always shine in our hearts,  
your Spirit ever renew our lives  
and your praises ever be on our lips.  
Blessed be God, Eternal Glory,  
Incarnate Word and Abiding Spirit.  
Blessed be God for ever. Amen.

Loving God, thank you for life.  
Thank you for making us and loving us.  
Thank you for bringing us together  
to learn about you.  
Please bless our Sunday School teachers  
and children and help us all to know you better.  
We pray in the name of Jesus. Amen.

### **Children's Hymn: Thy Word**

*Thy Word is a lamp unto my feet  
and a light unto my path.  
Thy Word is a lamp unto my feet  
and a light unto my path.*

When I feel afraid,  
think I've lost my way,  
still You're there right beside me;  
and nothing will I fear  
as long as You are near,  
please be near me to the end.

*Refrain:*

**I will not forget  
Your love for me, and yet  
my heart forever is wandering.  
Jesus, be my guide  
and hold me to Your side,  
and I will love You to the end.**

***Refrain:***

## **The Word of God**

### **First Reading**

A reading from Deuteronomy (26: 1-11)

The Word of the Lord.

**Thanks be to God.**

### **The Psalm (91: 1-2, 9-16)**

**He who dwells in the shelter of the Most High  
abides under the shadow of the Almighty.**

**He shall say to the Lord,  
“You are my refuge and my stronghold,  
My God in whom I put my trust.”**

**Because you have made the Lord your refuge,  
and the Most High your habitation.**

**There shall give evil happen to you,  
neither shall any plague come near your dwelling.**

**For he shall give his angels charge over you,  
to keep you in all your ways.**

**They shall bear you in their hands,  
lest you dash your foot against a stone.**

**You shall tread upon the lion and adder;  
you shall trample the young lion and the serpent  
under your feet.**

**Because he is bound to me in love,  
therefore will I deliver him;  
I will protect him, because he knows my name.**

**He shall call upon me, and I will answer him;  
I am with him in trouble;  
I will rescue him and bring him to honour.**

**With long life will I satisfy,  
and show him my salvation.**

### **Psalm Prayer**

Gracious God,  
**in times of anxiety and stress, teach us to wait in  
quietness for your protection and defence, made  
known to us in Jesus Christ our Lord. Amen.**

### **Second Reading**

A reading from Paul's Letter to the Romans (10: 8b-13)

The Word of the Lord.  
**Thanks be to God.**

### **Responsory**

To you, O Lord, I lift up my soul;  
**O my God, in you I trust.**

You are the God of my salvation,  
**To you, O Lord, I lift up my soul.**

In you I hope all the day long.  
**O my God, in you I trust.**

Remember, Lord, your compassion and love,  
for they are from everlasting.

**To you, O Lord, I lift up my soul;  
O my God, in you I trust.**

## **The Gospel**

The Holy Gospel of Our Lord Jesus Christ according to  
Luke (4: 1-13)

**Glory to you, Lord Jesus Christ**

The Gospel of Christ.

**Praise to you, Lord Jesus Christ.**

## **Gospel Hymn: CP179 (v1-5, 6b) – Tree of Life**

**Tree of Life and awesome mystery,  
in your death we are reborn;  
though you die in all of history,  
still you rise with every morn,  
still you rise with every morn.**

**Seed that dies to rise in glory,  
may we see ourselves in you;  
if we learn to live your story  
we may die to rise anew,  
we may die to rise anew.**

**We remember truth once spoken,  
love passed on through act and word;  
every person lost and broken  
wears the body of our Lord,  
wears the body of our Lord.**

**Christ, you lead and we shall follow,  
stumbling though our steps may be;  
one with you in joy and sorrow,  
we the river, you the sea,  
we the river, you the sea.**

**From the dawning of creation  
you have loved us as your own;  
stay with us through all temptation,  
make us turn to you alone,  
make us turn to you alone.**

## **The Sermon: Phil Winslow**

### **The Apostles' Creed**

Let us confess the faith of our baptism as we say:

**I believe in God, the Father almighty,  
creator of heaven and earth.**

**I believe in Jesus Christ, his only Son, our Lord.  
He was conceived by the power of the Holy Spirit  
and born of the Virgin Mary.**

**He suffered under Pontius Pilate,  
was crucified, died, and was buried.**

**He descended to the dead.**

**On the third day he rose again.**

**He ascended into heaven,  
and is seated at the right hand of the Father.  
He will come again to judge the living and the dead.**

**I believe in the Holy Spirit, the holy catholic Church,  
the communion of saints, the forgiveness of sins,  
the resurrection of the body, and the life everlasting.  
Amen.**

### **Offertory Hymn: CP531 – You Who Dwell**

**You who dwell in the shelter of the Lord,  
who abide in his shadow for life,  
say to the Lord: “My refuge,  
my rock in whom I trust!”**

***And he will raise you up on eagle's wings,  
bear you on the breath of dawn,  
make you to shine like sun,  
and hold you in the palm of his hand.***

**Snares of the fowler will never capture you,  
and famine will bring you no fear:  
under his wings your refuge,  
his faithfulness your shield.**

*Refrain:*

**You need not fear the terror of the night,  
nor the arrow that flies by day;  
though thousands fall about you,  
near you it shall not come.**

*Refrain:*

**For to his angels he's given a command  
to guard you in all of your ways;  
upon their hands they will bear you up,  
lest you dash your foot against a stone.**

*Refrain:*

## **Offertory Prayer over the Gifts**

Let us pray:

God our refuge and our strength,  
**receive all we offer you this day,  
and through the death and resurrection of your Son  
transform us in his likeness.**  
**We ask this in his name. Amen.**

## **Prayers of the People**

Either kneeling or sitting, let us pray.

*In our prayers, we give thanks for God's goodness; we  
pray for others as well as for ourselves; and we offer our  
lives in Christ's service.*

*All this we do because we believe in the presence among  
us of our Saviour Jesus Christ, and in the mighty power of  
the Holy Spirit.*

After each Intercession:  
Lord, in your mercy.  
**Hear our prayer.**

Gracious God,  
**you have heard the prayers of your faithful people.  
You know our needs before we ask and our ignorance  
in asking. Grant our requests as may be best for us.  
This we ask in the name of your Son, Jesus Christ  
our Lord. Amen.**

### **The Collect of the Day**

Let us pray:  
Almighty God,  
**whose Son fasted forty days in the wilderness,  
and was tempted as we are but did not sin,  
give us grace to discipline ourselves  
in submission to your Spirit,  
that as you know our weakness,  
so we may know your power to save;  
through Jesus Christ our Lord,  
who lives and reigns with you and the Holy Spirit,  
one God, now and for ever. Amen.**

Gathering our prayers and praises into one,  
let us pray with confidence as our Saviour has taught us:

**Our Father in heaven,  
hallowed be your name,  
your kingdom come,  
your will be done, on earth as in heaven.  
Give us today our daily bread.  
Forgive us our sins as we  
forgive those who sin against us.  
Save us from the time of trial,  
and deliver us from evil.  
For the kingdom, the power, and the glory  
are yours, now and forever. Amen.**

**Holy and everliving God, by your power  
we are created and by your love we are redeemed.  
Guide and strengthen us by your Spirit,  
that we may give ourselves in love and service  
to one another and to you this coming week;  
through Jesus Christ our Lord. Amen.**

### **Closing Hymn: CP620 – How Sweet the Name**

**How sweet the name of Jesus sounds  
in a believer's ear!  
It soothes our sorrows, heals our wounds,  
and drives away our fear.**

**It makes the wounded spirit whole,  
and calms the troubled breast;  
'tis manna to the hungry soul,  
and to the weary rest.**

**Dear name! The rock on which I build,  
my shield and hiding place,  
my never failing treasury, filled  
with boundless stores of grace.**

**Jesus, my shepherd, brother, friend,  
my prophet, priest, and king;  
my Lord, my life, my way, my end,  
accept the praise I bring.**

**Weak is the effort of my heart,  
and cold my warmest thought;  
but when I see thee as thou art,  
I'll praise thee as I ought.**

### **The Benediction**

**May the peace of God our heav'nly Father,  
and the grace of Christ the risen Son,  
and the fellowship of God the Spirit**

**keep our hearts and minds within His love.  
And to Him be praise for His glorious reign,  
from the depths of earth to the heights of heav'n.  
We declare the name of the Lamb once slain:  
Christ eternal, the King of kings!**

**May this peace which passes understanding,  
and this grace which makes us what we are,  
and this fellowship of His communion  
make us one in spirit and in heart.  
And to Him be praise for His glorious reign,  
from the depths of earth to the heights of heav'n.  
We declare the name of the Lamb once slain:  
Christ eternal, the King of kings!**

### **Dismissal**

Followers of Jesus, inspired by the Holy Spirit,  
serve the world God loves.

**Thanks be to God.**

### Our Leaders Today

<i>Organist:</i>	Sylvia Amesbury
<i>Reader:</i>	Sheila Jervis
<i>Crucifer:</i>	John Amesbury
<i>Prayers:</i>	Elaine Laliberte
<i>Preacher:</i>	Phil Winslow
<i>Officiant:</i>	Don Winslow
<i>Tech Team:</i>	Jason Conrad/Dalton George