

**St. John's Anglican Church, Ida
Parish of Ida and Omemee**

Fourth Sunday after the Epiphany Service of Holy Communion

February 1, 2026

*Welcome to Worship this morning!
We invite you to participate fully in the service,
and to remain following the service for
Soup and Sandwiches during our Coffee Hour.
Children are welcome to attend our Children's Program or to
remain with their families.*

*As we worship, at any time during the service, please assume
whatever physical position is best for you.*

The Gathering of the Community

*Rejoice and be glad, for your reward is great in heaven.
Matthew (5:12)*

Please stand as you are able.

Opening Hymn *CP309 Praise the Lord
With the Sound of Trumpets*

**Praise the Lord with the sound of trumpet,
praise the Lord with the harp and lute,
praise the Lord with the gentle-sounding flute.**

**Praise the Lord in the field and forest,
praise the Lord in the city square,
praise the Lord anytime and anywhere.**

**Praise the Lord in the wind and sunshine,
praise the Lord in the dark of night,
praise the Lord in the rain or snow
or in the morning light.**

**Praise the Lord in the deepest valley,
praise the Lord on the highest hill,
praise the Lord; never let your voice be still.**

**Praise the Lord with the crashing cymbal,
praise the Lord with the pipe and string,
praise the Lord with the joyful songs you sing.**

**Praise the Lord on a weekday morning,
praise the Lord on a Sunday noon,
praise the Lord by the light of sun
or moon.**

**Praise the Lord in the time of sorrow,
praise the Lord in the time of joy,
praise the Lord every moment;
nothing let your praise destroy.**

**Praise the Lord in the peace and quiet,
praise the Lord in your work or play,
praise the Lord everywhere
in every way.**

**The grace of our Lord Jesus Christ, and the love of God,
and the fellowship of the Holy Spirit, be with you all.
And also with you.**

**Almighty God,
to you all hearts are open, all desires known,
and from you no secrets are hidden.
Cleanse the thoughts of our hearts
by the inspiration of your Holy Spirit,
that we may perfectly love you,
and worthily magnify your holy name;
through Christ our Lord. Amen.**

Kyrie Eleison (*Sung*)

**Lord, have mercy on us.
Christ, have mercy on us.
Lord, have mercy on us.**

The Collect of the Day

Living God,
**in Christ you make all things new. Transform the poverty
of our nature by the riches of your grace, and in the
renewal of our lives make known your glory; through
Jesus Christ our Lord, who is alive and reigns with you
and the Holy Spirit, one God, now and for ever. Amen.**

Please be seated.

The Proclamation of the Word

The First Reading

A reading from the Book of Micah (6:1-8)

Listen to what the LORD says:

“Stand up, plead my case before the mountains;
let the hills hear what you have to say.
“Hear, you mountains, the LORD’s accusation;
listen, you everlasting foundations of the earth.
For the LORD has a case against his people;
he is lodging a charge against Israel.
“My people, what have I done to you?
How have I burdened you? Answer me.
I brought you up out of Egypt
and redeemed you from the land of slavery.
I sent Moses to lead you,
also Aaron and Miriam.
My people, remember
what Balak king of Moab plotted
and what Balaam son of Beor answered.
Remember your journey from Shittim to Gilgal,
that you may know the righteous acts of the LORD.”
With what shall I come before the LORD
and bow down before the exalted God?
Shall I come before him with burnt offerings,
with calves a year old?
Will the LORD be pleased with thousands of rams,
with ten thousand rivers of olive oil?

Shall I offer my firstborn for my transgression,
the fruit of my body for the sin of my soul?
He has shown you, O mortal, what is good.
And what does the LORD require of you?
To act justly and to love mercy
and to walk humbly with your God.

The word of the Lord.
Thanks be to God.

The Psalm (15)

**Lord, who may dwell in your tabernacle?
Who may abide upon your holy hill?**

**Those who lead a blameless life and do what is right,
who speak the truth from their heart.**

**There is no guile upon their tongue;
they do no evil to a friend;
they do not heap contempt upon a neighbour.**

**In their sight the wicked are rejected,
but they honour those who fear the Lord.
They have sworn to do no wrong
and do not take back their word.**

**They do not give their money in hope of gain,
nor do they take a bribe against the innocent.
Those who do these things shall never be overthrown.**

The Psalm Prayer

God of love,
**teach us to walk blamelessly in your ways, that our whole
life may be established in you, and that we may come to
the place prepared for us by your Son, Jesus Christ our
Redeemer. Amen.**

The Second Reading

A reading from Paul's First Letter to the Corinthians (1:18-31)

For the message of the cross is foolishness to those who are perishing, but to us who are being saved it is the power of God. For it is written:

“I will destroy the wisdom of the wise;
the intelligence of the intelligent I will frustrate.”

Where is the wise person? Where is the teacher of the law? Where is the philosopher of this age? Has not God made foolish the wisdom of the world? For since in the wisdom of God the world through its wisdom did not know him, God was pleased through the foolishness of what was preached to save those who believe. Jews demand signs and Greeks look for wisdom, but we preach Christ crucified: a stumbling block to Jews and foolishness to Gentiles, but to those whom God has called, both Jews and Greeks, Christ—the power of God and the wisdom of God. For the foolishness of God is wiser than human wisdom, and the weakness of God is stronger than human strength.

Brothers and sisters, think of what you were when you were called. Not many of you were wise by human standards; not many were influential; not many were of noble birth. But God chose the foolish things of the world to shame the wise; God chose the weak things of the world to shame the strong. God chose the lowly things of this world and the despised things—and the things that are not—to nullify the things that are, so that no one may boast before him. It is because of him that you are in Christ Jesus, who has become for us wisdom from God—that is, our righteousness, holiness and redemption. Therefore, as it is written: “Let the one who boasts, boast in the Lord.”

The word of the Lord.

Thanks be to God.

The Proclamation of the Gospel

Please stand as you are able.

Gospel Hymn *CP439 Blest Are the Pure in Heart*

**Blest are the pure in heart,
for they shall see our God;
the secret of the Lord is theirs,
their soul is Christ's abode.**

**The Lord, who left the heavens
our life and peace to bring,
to dwell in lowliness with us,
our pattern and our King.**

The Lord be with you
And also with you.

The Holy Gospel of our Lord Jesus Christ
according to Matthew (5:1-12)
Glory to you, Lord Jesus Christ.

Now when Jesus saw the crowds, he went up on a mountainside and sat down. His disciples came to him, and he began to teach them.

He said:

"Blessed are the poor in spirit,
for theirs is the kingdom of heaven.

Blessed are those who mourn,
for they will be comforted.

Blessed are the meek,
for they will inherit the earth.

Blessed are those who hunger and thirst for righteousness,
for they will be filled.

Blessed are the merciful,
for they will be shown mercy.

Blessed are the pure in heart,
for they will see God.

Blessed are the peacemakers,
for they will be called children of God.

Blessed are those who are persecuted because of
righteousness,
for theirs is the kingdom of heaven.

“Blessed are you when people insult you, persecute you
and falsely say all kinds of evil against you because of me.
Rejoice and be glad, because great is your reward in heaven,
for in the same way they persecuted the prophets who were
before you.

The Gospel of Christ.
Praise to you, Lord Jesus Christ.

We sing:

**Still to the lowly soul
his presence doth impart,
and for a dwelling and a throne
chooseth the pure in heart.**

**Lord, we thy presence seek;
may ours this blessing be:
give us a pure and lowly heart,
a temple fit for thee.**

Please be seated.

The Sermon

*A silence for reflection is kept following the sermon.
The Congregation stands at the invitation of the Celebrant.*

The Apostles' Creed

Let us confess the faith of our baptism as we say:
**I believe in God, the Father almighty,
creator of heaven and earth.**

**I believe in Jesus Christ, his only Son, our Lord.
He was conceived by the power of the Holy Spirit
and born of the Virgin Mary.**

**He suffered under Pontius Pilate,
was crucified, died, and was buried.
He descended to the dead.
On the third day he rose again.
He ascended into heaven
and is seated at the right hand of the Father.
He will come again to judge the living and the dead.**

**I believe in the Holy Spirit, the holy catholic Church,
the communion of saints, the forgiveness of sins,
the resurrection of the body,
and the life everlasting.
Amen.**

The Prayers of the People

*We pray for the world, the church and ourselves, assuming
whatever physical position helps us to pray (remain standing,
kneel, or sit).*

The response to the intercessions will be:

Let us pray to the Lord.

Lord, have mercy.

Invitation to Confession

Dear friends in Christ, God is steadfast in love and infinite in mercy; God welcomes sinners and invites us to this table.
Let us confess our sins, confident in God's forgiveness.

A brief silence is kept.

Prayer of Confession

Most merciful God,
**we confess that we have sinned against you
in thought, word, and deed,
by what we have done, and by what we have left undone.
We have not loved you with our whole heart;
we have not loved our neighbours as ourselves.
We are truly sorry and we humbly repent.**

**For the sake of your Son Jesus Christ,
have mercy on us and forgive us,
that we may delight in your will, and walk in your ways,
to the glory of your name.
Amen.**

Absolution

Almighty God, have mercy upon you, pardon and deliver you from all your sins, confirm and strengthen you in all goodness, and keep you in eternal life; through Jesus Christ our Lord.
Amen.

As you are able, please stand.

The Peace

The peace of Christ be always with you.
And also with you.

Please turn to the people near you and offer a sign of God's peace.

The Celebration of Holy Communion

The offering of money is a sign of our gratitude for God's blessing of our lives, collected in the plates placed at the front and back of the church before the service. The offering plates will not be passed during the service.

Offertory Hymn *My Heart is Filled with Thankfulness*

**My heart is filled with thankfulness
to Him who bore my pain;
who plumbed the depths of my disgrace
and gave me life again;
who crushed my curse of sinfulness
and clothed me with His light
and wrote His law of righteousness
with pow'r upon my heart.**

**My heart is filled with thankfulness
to Him who walks beside;
who floods my weaknesses with strength
and causes fears to fly.
Whose ev'ry promise is enough for ev'ry step I take.
Sustaining me with arms of love
and crowning me with grace.**

**My heart is filled with thankfulness
to Him who reigns above;
whose wisdom is my perfect peace,
whose ev'ry thought is love.
For ev'ry day I have on earth is given by the King.
So, I will give my life, my all, to love and follow Him.**

**For ev'ry day I have on earth is given by the King.
So, I will give my life, my all, to love and follow Him.**

Please remain standing as you are able.

Prayer over the Gifts

Let us pray:

God of steadfast love,
**may our offering this day, by the power of your Holy
Spirit, renew us for your service. We ask this in the name
of Jesus Christ the Lord. Amen.**

The Great Thanksgiving

The Lord be with you.
And also with you.

Lift up your hearts.
We lift them to the Lord.

Let us give thanks to the Lord our God.
It is right to give our thanks and praise.

It is indeed right, our duty and our joy,
that we should at all times and in all places
give thanks and praise to you,

Almighty and merciful God,
through our Saviour Jesus Christ.
By the leading of a star he was shown forth to all nations;
in the waters of the Jordan
you proclaimed him your beloved Son
and in the miracle of water turned to wine
he revealed your glory.
And so, with all the choirs of angels,
with the church on earth and the hosts of heaven,
we praise your name and join their unending hymn:

**Holy, most holy all holy the Lord,
in power and wisdom for ever adored.
The earth and the heavens are full of your love;
our joyful hosannas re-echo above.**

**Blessèd, most blessèd, all blessèd is he
whose life makes us whole, and whose death sets us free:
who comes in the name of the Father of light,
let endless hosannas resound in the height.**

We give thanks to you, Lord our God,
for the goodness and love
you have made known to us in creation;
in calling Israel to be your people;
in your Word spoken through the prophets;
and above all in the Word made flesh, Jesus your Son.
For in these last days you sent him
to be incarnate from the Virgin Mary,
to be the Saviour and Redeemer of the world.
In him, you have delivered us from evil,
and made us worthy to stand before you.
In him, you have brought us out of error into truth,
out of sin into righteousness, out of death into life.

On the night he was handed over
to suffering and death,
a death he freely accepted,
our Lord Jesus Christ took bread;
and when he had given thanks to you,
he broke it, and gave it to his disciples,
and said, "Take, eat:

this is my body which is given for you.
Do this for the remembrance of me.”
After supper he took the cup of wine;
and when he had given thanks,
he gave it to them,
and said, “Drink this, all of you:
this is my blood of the new covenant,
which is shed for you and for many
for the forgiveness of sins.
Whenever you drink it,
do this for the remembrance of me.”

Therefore, O God, according to his command,
we remember his death,
we proclaim his resurrection,
we await his coming in glory;
and we offer our sacrifice of praise and thanksgiving
to you, Lord of all; presenting to you, from your creation,
this bread and this wine.

We pray you, gracious God,
to send your Holy Spirit upon these gifts,
that they may be the sacrament
of the body of Christ and his blood of the new covenant.
Unite us to your Son in his sacrifice,
that we, made acceptable in him,
may be sanctified by the Holy Spirit.

In the fullness of time, reconcile all things in Christ,
and make them new, and bring us to that city of light
where you dwell with all your children;
through Jesus Christ our Lord, the firstborn of all creation,
the head of the Church, and the author of our salvation;
by whom, and with whom, and in whom,
in the unity of the Holy Spirit, all honour and glory
are yours, almighty Father, now and for ever.

Amen.

*A brief silence is kept. You are invited to kneel or stay seated
for the prayer.*

The Lord's Prayer

As our Saviour taught us, so we pray:

**Our Father in heaven,
hallowed be your name,
your kingdom come,
your will be done,
on earth as in heaven.
Give us today our daily bread.
Forgive us our sins
as we forgive those who sin against us.
Save us from the time of trial
and deliver us from evil.
For the kingdom, the power,
and the glory are yours
now and for ever.
Amen.**

The Breaking of the Bread

We break the bread of life,
and that life is the light of the world.
**God here among us,
light in the midst of us,
bring us to light and life.**

The Communion

The gifts of God for the People of God.
Thanks be to God.

Agnus Dei

**Lamb of God, you take away the sins of the world,
have mercy on us.
Lamb of God, you take away the sins of the world,
have mercy on us.
Lamb of God, you take away the sins of the world,
grant us peace, grant us peace.**

Spiritual Communion

For those who are worshipping with us online, we invite you to make your spiritual communion, by inviting Jesus into your heart, saying "Come, Lord Jesus."

A brief silence is kept.

Communion can be brought to you in your seat if that's easier for you. Those who wish to receive a blessing instead of the bread and wine may indicate this to the bread administrator by placing a hand to your heart.

Prayer will be offered during communion at the back of the sanctuary for those who wish to be prayed for.

All are welcome to be anointed before or after receiving communion at the pulpit side of the nave.

Communion Hymns

Hymn *Communion Song*

**Take this bread I give to you,
And as you do remember Me.
This bread is My body broken for you.
Take it, (take it) eat it, (eat it)
Each time you do: remember Me,
remember Me.**

**Take this cup I fill for you,
And as you do, remember Me.
This cup is the new covenant
I'm making with you.
Take it, (take it) drink it, (drink it)
Each time you do: remember Me,
remember Me.**

**Take this love I've given you,
And as you do, remember Me.
Remember Me. Remember Me.**

Hymn *Be Still*

**Be still, for the presence of the Lord,
the Holy One is here.**

**Come, bow before Him now,
with reverence and fear.**

**In Him no sin is found,
we stand on holy ground.**

**Be still, for the presence of the Lord,
the Holy One is here.**

**Be still, for the glory of the Lord
is shining all around.**

**He burns with holy fire,
with splendour He is crowned.**

**How awesome is the sight,
our radiant King of light!**

**Be still, for the glory of the Lord
is shining all around.**

**Be still, for the power of the Lord
is moving in this place.**

**He comes to cleanse and heal,
to minister His grace.**

**No work too hard for Him,
in faith receive from Him.**

**Be still, for the power of the Lord
is moving in this place.**

**Be still, for the power of the Lord
is moving in this place.**

Hymn *Give Thanks*

**Give thanks with a grateful heart,
give thanks to the Holy One,
give thanks because He's given
Jesus Christ His Son.**

Repeat

**And now let the weak say, "I am strong,"
let the poor say, "I am rich,"
because of what the Lord has done for us!**

**Give thanks with a grateful heart,
Give thanks to the Holy One,
Give thanks because He's given
Jesus Christ His Son.
Give thanks.
Give thanks.**

The Community is Sent Out

As you are able, please stand.

Prayer after Communion

Let us pray:

Source of all goodness,
**in this eucharist we are nourished by the bread of heaven
and invigorated with new wine. May these gifts renew our
lives, that we may show your glory to all the world, in the
name of Jesus Christ the Lord.
Amen.**

The Doxology

Glory to God,
**whose power, working in us,
can do infinitely more than we can ask or imagine.
Glory to God from generation to generation,
in the Church and in Christ Jesus, for ever and ever.
Amen.**

The Blessing

Closing Hymn *Shout to the North*

**Men of faith, rise up and sing
of the great and glorious King.
You are strong when you are weak,
in your brokenness complete.**

***Shout to the north and the south;
sing to the east and the west.
Jesus is Saviour to all,
Lord of heaven and earth.***

**Rise up, women of the truth,
stand and sing to broken hearts
who can know the healing pow'r
of our awesome King of love.**

Refrain:

**We've been through fire,
we've been through rain;
We've been refined
by the pow'r of His name.
We've fallen deeper in love with You.
You've burned the truth on our lips.**

Refrain:

**Rise up, church with broken wings,
fill his place with songs again
of our God who reigns on high.
By His grace again we'll fly.**

***Shout to the north and the south;
sing to the east and the west.
Jesus is Saviour to all,
Lord of heaven and earth.
Lord of heaven and earth.
Lord of heaven and earth.
Lord of heaven and earth.***

Send Us Out

**Send us out in the power of Your Spirit, Lord.
May our lives show Jesus to the world.
May each thought and word bring glory to Your name.
Send us out in Your Spirit, Lord, we pray.**

The Dismissal

Followers of Jesus, inspired by the Holy Spirit,
serve the world God loves.

Thanks be to God.

We are so glad you have joined us today for worship.

Are you new to St. John's? We encourage you to stay for coffee hour and introduce yourself to one of the clergy.

Would you like a visit? We'd be happy to visit with you at your home, in a coffee shop or at the church for pastoral conversation and/or home communion at your request. Please call the office and one of the clergy will get back to you.
705.944.5350

If you experience a pastoral emergency (someone in the hospital or in urgent need) you can call our priest, The Rev. Canon Susan Spicer at 705.886.0057

Are you on the parish mailing and email list? If you would like to be, please let the office know.

Our Leaders Today

<i>Celebrant</i>	The Rev. Canon Susan Spicer
<i>Preacher</i>	The Rev. Deb Wilson
<i>Music Director & Pianist</i>	Linda Parsons
<i>Organist</i>	Sylvia Amesbury
<i>Crucifer</i>	John Amesbury
<i>Reader</i>	Sheila Jervis
<i>Intercessor</i>	Elaine Laliberte
<i>Communion Assistants</i>	Moyra Seabright/Adrian Olley
<i>Technical Team</i>	Jason Conrad/Dalton George
<i>Prayer Ministry Team</i>	Jean Lush/Phil Winslow
<i>Anointer</i>	Cathy Olley

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"To know Christ, and make Him Known"
A community church in the Anglican Tradition.

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